



NIRAAMAYA  
WELLNESS RETREATS

## Certificate of Validation:

Niraamaya Retreats hereby certifies that AyuRythm's mobile phone based pulse diagnosis (naadi pariksha) application is consistent with assessment described in Ayurvedic classical texts. In our opinion it provides a good approximation of Vikriti or current Doshic Predominance (Kapha, Pitta or Vata) in individuals and is suitable for wellness application for healthy individuals interested in Ayurvedic lifestyle. We compared the dosha predominance detected by AyuRythm against physician's diagnosis and we found accuracy good enough for wellness applications.

**Name:** Manu Rishi Guptha

**Designation:** Chief Executive Officer

**Organization:** Niraamaya Retreats Private Limited

**Date:**



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## Certificate of Validation:

Niraamaya Retreats hereby certifies that AyuRythm's mobile application based Prakriti assessment questionnaire is consistent with assessment described in Ayurvedic classical texts. In my opinion it provides a good approximation of Doshic Predominance in individuals and is suitable for wellness application for healthy individuals interested in Ayurvedic lifestyle.

**Name:** Manu Rishi Gupta

**Designation:** Chief Executive Officer

**Organization:** Niraamaya Retreats Private Limited

**Date:** 19-03-2020