



स्वामी विवेकानन्द योग अनुसंधान संस्थान
Swami Vivekananda Yoga Anusandhāna Samsthāna

(Declared as Deemed-to-be university under Section 3 of the UGC Act, 1956)

"Eknath Bhavan", No. 19, Gavipuram Circle, Kempegowda Nagar, Bangalore - 560 019

Ph: 080 - 2661 2669, Telefax : 2660 8645

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19th March 2020

CERTIFICATE OF CONSISTENCY

Swami Vivekananda Yoga Anusandhana Samsthana University hereby certifies that AyuRythm's mobile phone-based pulse diagnosis (Naadi Pariksha) application is consistent with assessment described in Ayurvedic classical texts. In our opinion it provides a good approximation of Vikriti or current Doshic Predominance (Kapha, Pitta or Vata) in individuals and is suitable for wellness application for healthy individuals interested in Ayurvedic lifestyle. We compared the dosha predominance detected by AyuRythm against physician's opinion on 55 subjects and we found consistency good enough for wellness applications. We also compared individual parameters like Vega, Tala, Akroti-matra, Akroti-tannav, Bala, Gati and Kathinya and found its consistency suitable for Ayurvedic wellness applications.

Name: Dr Suchitra Patil, BAMS, Ph.D.
Designation: Assistant Professor
Organization: SVYASA University

Suchitra Patil

Signature:

Date: 20/03/2020

ENDORSED BY

Name: Dr Amritanshu Ram Ph.D.
Designation: HoD, Dept. of Yoga
Manager, Clinical Excellence
Organization: Health Care Global Enterprises Ltd.

Signature: *Amritanshu Ram*

Date: 20/03/2020





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CERTIFICATE OF CONSISTENCY

Swami Vivekananda Yoga Anusandhana Samsthana University hereby certifies that AyuRythm's mobile application based Prakriti assessment questionnaire is consistent with assessment described in Ayurvedic classical texts. In our opinion it provides a good approximation of Doshic Predominance in individuals and is suitable for wellness application for healthy individuals interested in Ayurvedic lifestyle.

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Designation: Assistant Professor
Organization: SVYASA University

Suchitra Patil

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